



## ARM SLEEVE SIZING GUIDE

Size	Circumference	Length
YOUTH	6 - 8"	13"
SM/MD	9 - 11"	15"
LG/XL	11 - 14"	17"

*Intended Fit: Compression*

- Measure the circumference on the widest part of your elbow using a measuring tape.
- We highly encourage teams to request samples so that sizing can be handled appropriately based on your garment selection.
- Sizing for this item is unisex.

## HOW TO MEASURE



### ELBOW

With arms down at sides, measure around the widest part of your elbow

