



OFFICIAL SIZING CHART

LACROSSE UNIFORMS

MEN

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
CHEST	32.5-35	35-37.5	37.5-41	41-44	44-48.5	48.5-53.5	53.5-58	58-63	63-68
WAIST	26-29	29-32	32-35	35-38	38-43	43-47.5	47.5-52.5	52.5-57	57-61.5
HIP	32.5-35	35-37.5	37.5-41	41-44	44-47	47-50	50-54	54-58	58-62

*PRO AND LITE UNIFORMS ONLY AVAILABLE UP TO 3XL

YOUTH

	YXS	YS	YM	YL	YXL
CHEST	25.5-26	26-27	27-29.5	29.5-32	32-35
WAIST	23.5-24	24-25.5	25.5-27	27-28.5	28.5-29.5
HIP	27-28	28-29.5	29.5-31.5	31.5-33.5	33.5-35

SIZING SUGGESTIONS

- IN THE EVENT OF INDECISION, WE SUGGEST SIZING UP ONE SIZE FOR A MORE LOOSE FIT.
- WE HIGHLY ENCOURAGE TEAMS TO REQUEST SAMPLES SO THAT SIZING CAN BE HANDLED APPROPRIATELY BASED ON YOUR GARMENT SELECTION.

HOW TO MEASURE

CHEST: WITH ARMS DOWN AT SIDES, MEASURE AROUND THE UPPER BODY, UNDER ARMS AND AROUND THE FULLEST PART OF CHEST.

WAIST: MEASURE AROUND THE NARROWEST PART OF YOUR WAIST, LOCATED ABOVE THE BELLY BUTTON AND BELOW YOUR RIB CAGE.

HIPS: MEASURE AROUND THE WIDEST PART OF YOUR HIPS, INCLUDING YOUR BUTTOCKS.