CALCODE OFFICIAL PMP SIZING CHART

MEN'S LACROSSE

JERSEY	XS	S	М	L	XL	2XL	3XL
Chest Measurement	32	34	38	42	46	48	50
Jersey Length	28	29	30.5	32	33.5	34.5	35.5
SHORTS	XS	S	М	L	XL	2XL	3XL
Waist Measurement	20-22	24-26	28-30	32-34	36-38	40-42	44-46
Inseam (shorts)	7	7	8	8	9	9	9.5

SIZING SUGGESTIONS

- Size up 1 size for a loose fit, 2 sizes for a baggy fit
- If your chest measures on the upper end of these sizes you should consider ordering a size larger.

HOW TO MEASURE

CHEST

With arms down at sides, measure around the upper body, under arms and around the fullest part of chest

WAIST

Measure around the belt line. This should be over where boo waistband is on a pant or short

INSEAM

Measure from the top of your inner leg along the inside seam to desired length

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